



64TH ANNUAL JUNIOR HIGH TIGER RELAYS

WORTH COUNTY HIGH SCHOOL, GRANT CITY, MO
THURSDAY, APRIL 30, 2026

3:30 PM COACHES' MEETING

All teams please be present at 3:30, this meeting will be for scratches only, no substitutions or additions.

FIELD EVENTS (3 ATTEMPTS)

3:45 PM Shot Put- Girls followed by Boys (cement surface) **G-7m, B-9m**
Discus- Boys followed by Girls (cement surface) **G-20m, B-25m**
High Jump- Boys followed by Girls **G-1.25m, B-1.45m**
Pole Vault- Girls followed by Boys **G-1.85m, B-2m**
Triple Jump- Girls followed by Boys (all-weather runway)
Long Jump- Boys followed by Girls (all-weather runway)

TRACK EVENTS

(All events are girls followed by boys.)

4:45 PM	100m Hurdles	Finals
	100m Dash	Finals
	4x200 Relay	Finals
	1600m Run	Finals
	4x100 Relay	Finals
	400m Dash	Finals
	800m Run	Finals
	200m Dash	Finals
	4x400 Relay	Finals

PARTICIPATING SCHOOLS

Albany, East Atchison, King City, Maysville, North Harrison, North Nodaway, Northeast Nodaway, Pattonsburg, Platte Valley, Rock Port, Stanberry, St. Gregory, St. Joseph Christian, Union Star, Nodaway Valley, Worth County

***WE WOULD LIKE FOR ONLY ATHELETES AND WORKERS TO BE INSIDE THE FENCE. PARENTS & COACHES PLEASE WATCH FROM THE STANDS OR OUTSIDE OF THE FENCE. Thanks for helping stop confusion and assisting in keeping the track meet running smoothly!**